

2022-2023 School Year

WEEK:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
One Aug-15-Aug-19 Sep-19-Sep-23 Oct-24-Oct-28 Nov-28-Dec-2 Jan-2-Jan-6 Feb-6-Feb-10 Mar-13-Mar-17 Apr-17-Apr-21 May-22-May-26	Pick 1 Entrée: Chicken Nuggets Pizza PB&J Sandwich Pick 1 or 2: Carrot Sticks w/ Ranch Fruit	Pick 1 Entrée: French Toast and Sausage Link Yogurt Power Pack PB&J Sandwich Pick 1 or 2: Hash Brown Starz Fruit	Pick 1 Entrée: Mac and Cheese Soft Pretzel Pizza PB&J Sandwich Pick 1 or 2: Mixed Vegetables Fruit	Pick 1 Entrée: Taco w/Chips Yogurt Power Pack PB&J Sandwich Pick 1 or 2: Refried Beans Fruit	Pick 1 Entrée: Stuffed Crust Pizza PB&J Sandwich Cheez-It Pick 1 or 2: Dark Green Salad Fruit
Two Aug-22-Aug-26 Sep-26-Sep-30 Oct-31-Nov-4 Dec-5-Dec-9 Jan-9-Jan-13 Feb-13-Feb-17 Mar-20-Mar-24 Apr-24-Apr-28 May-29-Jun-2	Pick 1 Entrée: Chicken Tenders w/Pretzel Pizza PB&J Sandwich Pick 1 or 2: Peas Fruit	Pick 1 Entrée: Cheeseburger Yogurt Power Pack PB&J Sandwich Pick 1 or 2: Sweet Potato Puffs Fruit	Pick 1 Entrée: Hot Dog Pizza PB&J Sandwich Pick 1 or 2: Baked Beans Fruit	Pick 1 Entrée: Mashed Potato Bowl w/ Roll Yogurt Power Pack PB&J Sandwich Pick 1 or 2: Corn Fruit	Pick 1 Entrée: Cheese Pizza PB&J Sandwich Pick 1 or 2: Dark Green Salad Fruit
Three Aug-29-Sep-2 Oct-3-Oct-7 Nov-7-Nov-11 Dec-12-Dec-16 Jan-16-Jan-20 Feb-20-Feb-24 Mar-27-Mar-31 May-1-May-5	Pick 1 Entrée: Chicken Nuggets Pizza PB&J Sandwich Pick 1 or 2: Carrots Fruit	Pick 1 Entrée: Spaghetti w/ Meatballs Yogurt Power Pack PB&J Sandwich Pick 1 or 2: Mixed Vegetables Fruit	Pick 1 Entrée: Corn Dog Pizza PB&J Sandwich Pick 1 or 2: Edamame Fruit	Pick 1 Entrée: Soft Taco w/Pretzel Yogurt Power Pack PB&J Sandwich Pick 1 or 2: Black Beans Fruit	Pick 1 Entrée: Pepperoni Pizza PB&J Sandwich Fruit Snacks Pick 1 or 2: Dark Green Salad Fruit
Four Sep-5-Sep-9 Oct-10-Oct-14 Nov-14-Nov-18 Dec-19-Dec-23 Jan-23-Jan-27 Feb-27-Mar-3 Apr-3-Apr-7 May-8-May-12	Pick 1 Entrée: Chicken Poppers w/Soft Pretzel Pizza PB&J Sandwich Pick 1 or 2: Green Beans Fruit	Pick 1 Entrée: Bosco Sticks w/sauce Yogurt Power Pack PB&J Sandwich Pick 1 or 2: Emoji Smiles Fruit	Pick 1 Entrée: Baked Potato Bar w/Roll Pizza PB&J Sandwich Pick 1 or 2: Broccoli Fruit	Pick 1 Entrée: Cheeseburger Yogurt Power Pack PB&J Sandwich Pick 1 or 2: Peas Fruit	Pick 1 Entrée: Pepperoni Stuffed Crust Pizza PB&J Sandwich Pick 1 or 2: Dark Green Salad Fruit
Five Sep-12-Sep-16 Oct-17-Oct-21 Nov-21-Nov-25 Dec-26-Dec-30 Jan-30-Feb-3 Mar-6-Mar-10 Apr-10-Apr-14 May-15-May-19	Pick 1 Entrée: Breaded Chicken Sandwich Pizza PB&J Sandwich Pick 1 or 2: Fries Fruit	Pick 1 Entrée: Orange Chicken Yogurt Power Pack PB&J Sandwich Pick 1 or 2: Broccoli Fruit	Pick 1 Entrée: Toasted Cheese Pizza PB&J Sandwich Pick 1 or 2: Carrots Fruit	Pick 1 Entrée: Turkey Sub Yogurt Power Pack PB&J Sandwich Pick 1 or 2: Baked Beans Fruit	Pick 1 Entrée: Cheese Pizza PB&J Sandwich Elf Grahams Pick 1 or 2: Dark Green Salad Fruit

Assorted Fruit Options

Diced Pineapple, Diced Peaches, Diced Pears, Mixed Fruit, Mandarin Oranges, Applesauce, Orange Slices, Banana, Apple, Pear, Grapes, Strawberries, and Orange Juice

Milk (Fat-Free, Flavored & Unflavored, 1% Unflavored)
 A variety of condiments will be served daily.

Daily Breakfast Options at Participating Locations

Choice 1 – Mini Pancake, Super Donut, Waffle, Muffins, Cereal Bar, Granola Bar, Cereal or Pancake on a Stick.
 Choice 2 – Cheese Stick, Scooby Snacks, Graham Crackers
 Choice 3 – Assorted Fruit
 Choice 4 – 1% White Milk, Fat-Free White Milk, Fat-Free Chocolate Milk or Fat-Free Strawberry Milk

A complete breakfast consists of at least three choices, to include fruit.

We can **NOT** guarantee our food does not contain potential allergens not listed on the food labels. Products **MAY** be made in a nut facility.